

HANDS



OFF

Stop Distractions is asking you to pay attention to the road and avoid any distractions

Top 6 Safe Driving Tips



1. AVOID DISTRACTED DRIVING. Don't talk, text, or use apps while driving. Put the phone down and just drive. Try to limit other distractions, such as eating or fiddling with controls, and be aware that having more passengers in the car multiplies the opportunity for distraction. Secure pets in the back of the car.



2. WEAR YOUR SEATBELT.

Whether you're traveling to see friends or family or just running errands, buckle up and drive safely. Seat belts save lives and help prevent injuries. Also, make sure kids are in the proper car or booster seats.



3. GIVE YOURSELF PLENTY

OF TIME. Plan ahead and allow extra travel time. With more people on the roads over spring break,

often driving in unfamiliar territory, the potential for auto crashes increases. Plan routes in advance when traveling to new destinations and be patient.



4. PAY ATTENTION TO YOUR SPEED. Observe speed limits, including lower speeds in work zones. Stay focused on the road and be aware of changing traffic patterns caused by construction. Be especially cautious around construction workers. They're often working close to the highway and at great risk.



5. HAVE A PLAN FOR ROADSIDE ASSISTANCE.

If you're involved in a crash, beware of unscrupulous towing companies. Some towing companies take advantage of drivers after an accident by charging excessive fees and making it difficult for people to retrieve their cars. Have the phone number for your insurer or a roadside assistance program ready.



6. UPDATE YOUR PROOF OF INSURANCE.

There are now 46 state with e-card laws or regulations that allow drivers to show evidence of insurance with their smart phone during a traffic stop.



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